



**Sign in**  
Send an SMS with the text „para start sl“ (without quotes) to the CCSS phone number.  
**You must sign in EVERY DAY**

**Report back immediately after landing**  
Send an SMS with the text „para stop“ (without quotes) to the CCSS phone number  
(contact us, if you do not get a confirmation message !!)  
Or report back with the **Task App**  
**You must report back EVERY DAY, also if you decided not to fly !**

Martin Scheel 079 44 55 163  
Safety 077 478 39 02 (> Nicolas Huber)  
Oliver Flügel (Tracker) 078 706 43 40  
Jörg Ewald (Scoring) swiss-league@yourstruly.ch

CCSS phone number 079 381 60 10  
PMR Chanel 7.38 (446.08125 / CTCC250.3)  
2-m-Chanel 157 400 (only local coverage)

**Emergencies**  
REGA (Rescue Helicopter) 1414  
Ambulance / Rescue Helicopter 112  
112 is often working, even if your provider does not cover the area.

